

COMMUNICATION – LETS GET REAL MINISTERIAL APPROVAL FOR RESOURCES

1. Long Version

“FASD Alberta Networks” Receives Ministerial Approval for Use of *Let's Get Real* Resources in Alberta Schools

We are pleased to announce that Alberta Ministry of Education and Childcare has approved the “FASD Alberta Networks” as External Party presenters and the Let's Get Real learning and teaching resources for use in Alberta schools.

The approval follows amendments to Alberta's Education Act that took effect September 1, 2025, requiring Ministerial approval for learning and teaching resources and external parties that present resources dealing primarily and explicitly with gender identity, sexual orientation, or human sexuality. As part of the review process, Alberta Education and Childcare assess both the resources and the organization delivering them.

Approved resources include the *Let's Get Real* Presentation, *Let's Get Real Tips Booklet*, and *Let's Get Real Tip Sheets* for grades 8 to 12.

Let's Get Real is an evidence-informed prevention education program designed to increase awareness and understanding of fetal alcohol spectrum disorder (FASD), healthy decision-making, and the impact of alcohol use during pregnancy. Through engaging presentations and supporting resources, the program helps students develop knowledge and skills that contribute to healthy choices and informed decision-making.

While the primary focus of the program is FASD prevention and healthy decision-making, some versions of the resources include curriculum-connected human sexuality topics, such as contraception and healthy sexual decision-making. These components required review and approval under the Province's resource approval process.

The approval confirms that the resources meet applicable provincial review criteria and align with approved curriculum outcomes. It also provides assurance to school authorities that the resources and facilitators have successfully completed Alberta Education and Childcare's review and approval process. Approval of the resources will be posted on the LearnAlberta.ca website under “Requests for Minister Approval” tile.

Schools should also note that the FASD Alberta Networks offers *Let's Get Real* presentations for Grades 6 and 7, as well as versions for schools that prefer presentations without human sexuality content. These resources continue to be available to support FASD prevention education and healthy decision-making for students.

"This approval represents an important milestone for FASD prevention education in Alberta schools. It recognizes the quality of the Let's Get Real resources and supports the continued delivery of consistent, evidence-informed education by Prevention Conversation Facilitators across the province." (Hazel Mitchell, Alberta FASD Prevention Conversation Program Manager)

For more information about the *Let's Get Real* program or to arrange a presentation, please contact your local FASD Alberta Network. Contact information for the Network in your area can be found at [FASD Alberta – Resource For Services](#)

2. Short Version

“FASD Alberta Networks” Receives Ministerial Approval for Use of *Let's Get Real* Resources in Alberta Schools

We are pleased to announce that Alberta Ministry of Education and Childcare has approved the “FASD Alberta Networks” as External Party presenters and the *Let's Get Real* learning and teaching resources for use in Alberta schools.

The approval follows 2025 amendments to Alberta's Education Act requiring Ministerial approval for learning and teaching resources and external parties that provide resources dealing with human sexuality content. While the primary focus of *Let's Get Real* is FASD prevention, healthy decision-making, and awareness of the effects of alcohol use during pregnancy, some resources include curriculum-connected human sexuality topics such as contraception and healthy sexual decision-making.

Effective June 9, 2026, the *Let's Get Real* Presentation (Grades 8-12), *Let's Get Real Tips Booklet*, and *Let's Get Real Tip Sheets* received Ministerial approval.

This approval confirms that both the resources and the FASD Alberta Networks have successfully met Alberta Education and Childcare's review requirements and may continue to support schools across the province with evidence-informed prevention education.

The FASD Alberta Networks also offers *Let's Get Real* presentations for Grades 6 and 7, as well as versions for grades 8 to 12 without human sexuality content for schools that prefer those resources.

For more information about the *Let's Get Real* program or to arrange a presentation, please contact your local FASD Alberta Network. Contact information for the Network in your area can be found at [FASD Alberta – Resource For Services](#)