

The Let's Get Real
Ministerial Approval for Grades 8 to 12

Notification was received from EDC Resource Approval branch that the following requests to the Minister of Education and Childcare have been approved.

1. Approved External Party

FASD Alberta Networks met applicable review criteria in the External Party Review Guide and received Minister approval to use or provide the approved learning and teaching resources.

Effective June 9, 2026. Valid for 3 years. A new Request for Approval of External Parties must be submitted and approved to continue beyond the term.

2. Approved Learning and Teaching Resources

2.1 Let's Get Real Presentation Grades 8-12, Let's Get Real Tips Booklet, and Let's Get Real Tip Sheets are approved for the following subjects. Specific outcomes meeting approval are in a chart on the next page.

2.1.1 Grade 8 Health and Life Skills

2.1.2 Grade 8 Physical Health and Wellness (new curriculum currently in DRAFT and being piloted)

2.1.3 Grade 9 Health and Life Skills

2.1.4 Grade 9 Physical Education and Wellness (new curriculum currently in DRAFT and being piloted)

2.1.5 Grade 10-12 Career and Life Management

Effective June 9, 2026. There is not a term date.

The approval is only for the learning and teaching resources "as submitted." While content can be reduced (slides omitted), the presentation cannot be modified or updated without approval.

3. Posting on list of approved learning and teaching resources

Alberta Education and Childcare maintains a list of approved learning and teaching resources and a list of approved external parties in the [Requests for Minister Approval](#) tile on new.LearnAlberta.ca. Updates to this list are published quarterly, starting in August 2025.

Chart: Subjects and Outcomes

The Let's Get Real resources were approved for the following learning outcomes delineated in the chart below.

Grade 8 Health and Life Skills • W-8.6 Students will analyze possible negative consequences of substance use and abuse; e.g., fetal alcohol syndrome, drinking and driving. • W-8.7 Students will determine the signs, methods and consequences of various types of abuse; e.g., neglect, physical, emotional, sexual abuse. • W-8.12 Students will identify and describe the responsibilities and consequences associated with involvement in a sexual relationship. • W-8.14 Students will identify and describe basic types of contraceptives; i.e., abstinence, condom, foam, birth control pills.
Grade 8 Physical Education and Wellness (DRAFT) • Students relate sexual health practices to healthy living. • Students analyze factors that impact sexual relationships.
Grade 9 Health and Life Skills • W-9.7 Students will evaluate implications and consequences of sexual assault on a victim and those associated with that victim. • W-9.12 Students will determine “safer” sex practices; e.g., communicate with partner, maintain abstinence, limit partners, access/use condoms/contraceptives properly. • W-9.14 Students will develop strategies that address factors to prevent or reduce sexual risk; e.g., abstain from drugs and alcohol, date in groups, use assertive behaviour.
Grade 9 Physical Education and Wellness (DRAFT) • Students analyze the influence of factors and strategies that support sexual health. • Students examine how sexual relationships can change over time.
Grades 10-12 Career and Life Management • P11. Students will examine the relationship between commitment and intimacy in all its levels. • P12. Students will examine aspects of healthy sexuality and responsible sexual behaviour.